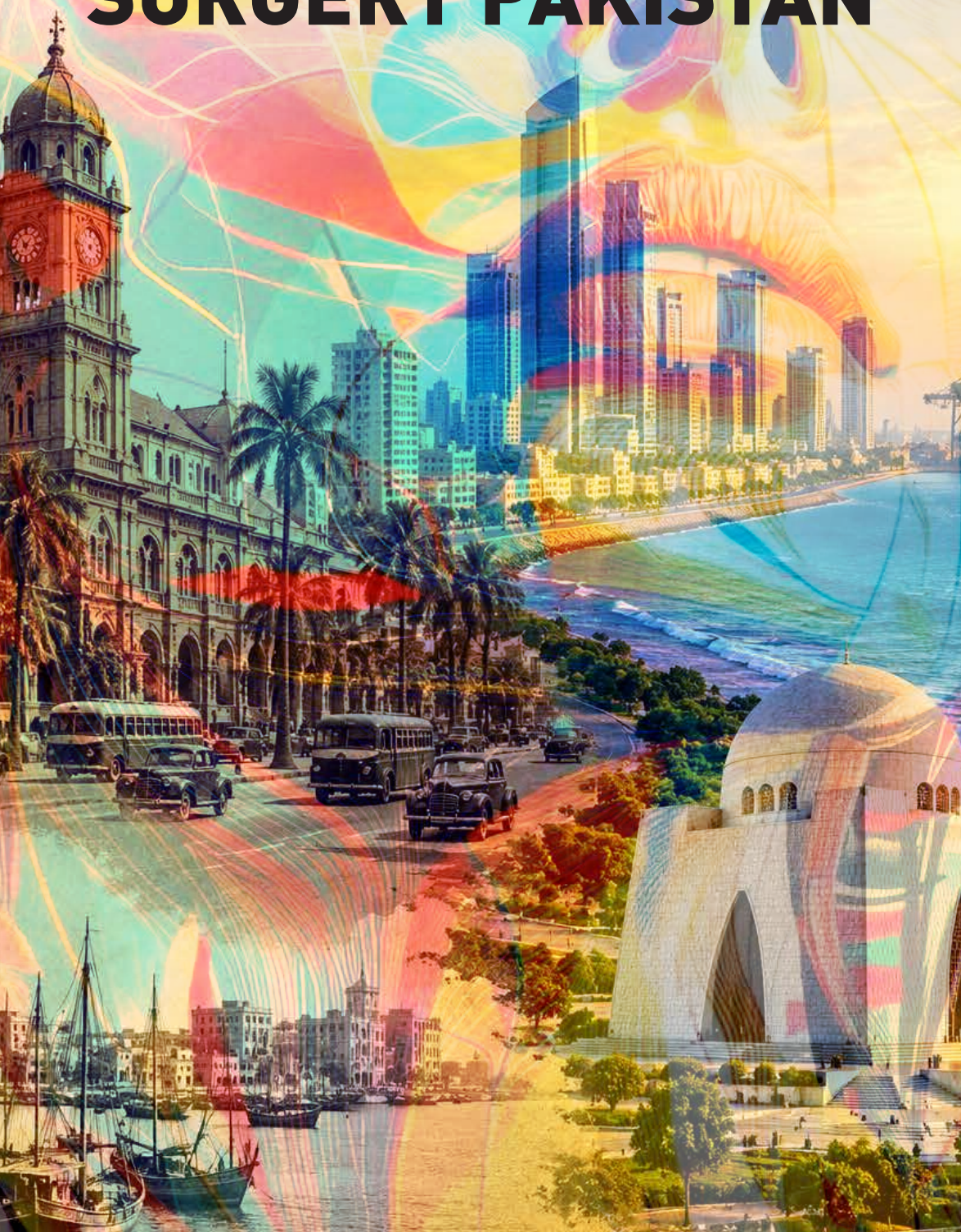


AASP 
ANNUAL CONFERENCE
6th-8th Nov, 2026 Beach Luxury Hotel, Karachi



ASSOCIATION FOR AESTHETIC SURGERY PAKISTAN



DAY 1 | FRIDAY, 6 NOVEMBER

INTIMATE AREA AESTHETICS • Moderators: Dr. Sadaf Saeed & Dr. Salva Nadeem

8:45-9:20 AM | OPENING FORMALITIES

SESSION 1 | 9:20-10:20 AM | 60 MIN

CONTEMPORARY TECHNIQUES IN INTIMATE REJUVENATION

9:20-9:35 • 15 MIN

From Luxury to Necessity — The Rise of Regenerative and Cosmetic Gynaecology in Modern Practice

Dr. Nusrat Fazal

9:35-9:50 • 15 MIN

Regenerative Therapies for Pelvic Floor Health

Dr. Shaila Anwar

9:50-10:05 • 15 MIN

Energy-Based Modalities in Aesthetic Gynaecology — A Genuine Modality or a Controversy?

Dr. Mariam Iqbal

10:05-10:20 • 15 MIN

Role of PRP in Aesthetic Gynaecology

Dr. Farzana

SESSION 2 | 10:20-11:20 AM | 60 MIN

ADVANCES IN MALE & FEMALE INTIMATE AESTHETICS

10:20-10:35 • 15 MIN

Penile Enlargement — Evolution of Techniques & Modern Approaches

Dr. Sherif Wakil

10:35-10:50 • 15 MIN

Labia Majora Enlargement — Volume Restoration & Aesthetic Rejuvenation

Dr. Sherif Wakil

10:50-11:05 • 15 MIN



P-Shot — PRP-Based Male Intimate Rejuvenation

Dr. Sherif Wakil

11:05-11:20 • 15 MIN

O-Shot — PRP-Based Female Intimate Rejuvenation

Dr. Sherif Wakil

11:20-11:50 AM | TEA & COFFEE

SESSION 3 | 11:50 AM-12:30 PM | 40 MIN

ADVANCED FEMALE INTIMATE AESTHETICS

11:50-12:05 • 15 MIN

Labiaplasty — Deceptively Simple, Dangerously Underestimated

Dr. Malgorzata Uchmann

12:05-12:20 • 15 MIN

The Labial Puff & the Ozempic Vulva — Hyaluronic Acid in Female Intimate Rejuvenation

Dr. Farzana

12:20-12:30 • 10 MIN

Interactive Discussion & Audience Q&A

Session Faculty

12:30-1:30 PM | NAMAZ & LUNCH



SESSION 4 | 1:30-2:50 PM | 80 MIN

LIVE INTIMATE AESTHETIC DEMONSTRATIONS

1:30-2:00 • 30 MIN

LIVE Penile Filler Augmentation

Dr. Sherif Wakil

2:00-2:30 • 30 MIN

LIVE Labia Majora Filler Augmentation

Dr. Sherif Wakil

2:30-2:50 • 20 MIN

LIVE PRP O-Shot Demonstration

Dr. Farzana

SESSION 5 | 2:50 PM ONWARDS | LIVE SURGERY

LIVE INTIMATE AESTHETIC SURGERY

Operating Surgeon: Dr. Malgorzata Uchmann

LABIAPLASTY • CLITORAL HOOD REDUCTION • VAGINOPLASTY (VAGINAL TIGHTENING). Live operative commentary, anatomical teaching and surgical safety.

Closing remarks following live surgery.



DAY 2 | SATURDAY, 7 NOVEMBER

NON-SURGICAL FACIAL AESTHETICS • LIVE DEMONSTRATIONS

8:30-9:00 AM | OFFICIAL OPENING CEREMONY

SESSION 1 | 9:00-10:15 AM | 75 MIN

THE ART & SCIENCE OF FACIAL BEAUTY

9:00-9:15 • 15 MIN

The Intelligence of Beauty — The Art, Science & Architecture of Facial Harmony

Dr. Haidy Ghanem

9:15-9:30 • 15 MIN

A Practical 360° Comprehensive Approach to Facial Aesthetics

Dr. Mahmoud Elkhoully

9:30-9:45 • 15 MIN

The Shift in How We Practice

Dr. Noor Elbanna

9:45-10:00 • 15 MIN

The Art of Seeing — Understanding Natural Beauty, Recognising Pathology & Knowing When to Inject—and When Not To

Dr. Fahad Mirza

10:00-10:15 • 15 MIN

Illumination — The Structure of Beauty

Dr. Raj Acquilla

10:15-10:30 AM | TEA & COFFEE



SESSION 2 | 10:30 AM-12:00 PM | 90 MIN
LIVE FULL-FACE SCULPTING

DR. RAJ ACQUILLA | UNITED KINGDOM

Advanced Dermal Fillers — The Art & Science of Facial Sculpting.
Live injection demonstration of facial proportions, structural support, aesthetic harmony and injection safety.

SESSION 3 | 12:00-12:40 PM | 40 MIN
NON-SURGICAL RHINOPLASTY

DR. FAHAD MIRZA

12:00-12:15 • 15 MIN

Scientific lecture — Nasal analysis, anatomy, patient selection and safety

12:15-12:40 • 25 MIN

LIVE Non-Surgical Rhinoplasty Injection

SESSION 4 | 12:40-1:25 PM | 45 MIN
THE ART OF LIP FILLER MASTERY

DR. HAIDY GHANEM

12:40-12:55 • 15 MIN

Scientific lecture — Lip anatomy, aesthetic assessment and treatment planning

12:55-1:25 • 30 MIN

LIVE Lip Filler Injection Demonstration

1:25-2:25 PM | LUNCH



SESSION 5 | 2:25-3:05 PM | 40 MIN

LIVE CADAVERIC FACIAL DISSECTION FOR INJECTORS

DR. SAMEER GHORABA | EGYPT

Live cadaveric dissection: tissue planes, retaining ligaments, vascular anatomy and high-risk injection zones.

SESSION 6 | 3:05-4:05 PM | 60 MIN

LIVE MASTERCLASS: COMPREHENSIVE AESTHETIC FACE & NECK BOTOX

DR. MAHMOUD ELKHOULY

Full-Face & Neck Botox • Botox Facelift • Masseter Botox • Trap-Tox

SESSION 7 | 4:05-4:35 PM | 30 MIN

MIGRAINE BOTOX — LIVE INJECTION SESSION

DR. AAMR ARIF HEREKAR | USA

The Anatomy & Physiology of Migraine — Therapeutic Botulinum Toxin & Live Injection

4:35-4:45 PM | TEA & COFFEE



SESSION 8 | 4:45-5:35 PM | 50 MIN
METABOLIC AESTHETICS

4:45-5:10 • 25 MIN

GLP-1 & GIP-Based Therapies — The Weight-Loss Revolution and Its Implications for Aesthetic Medicine

Dr. Ali Asghar

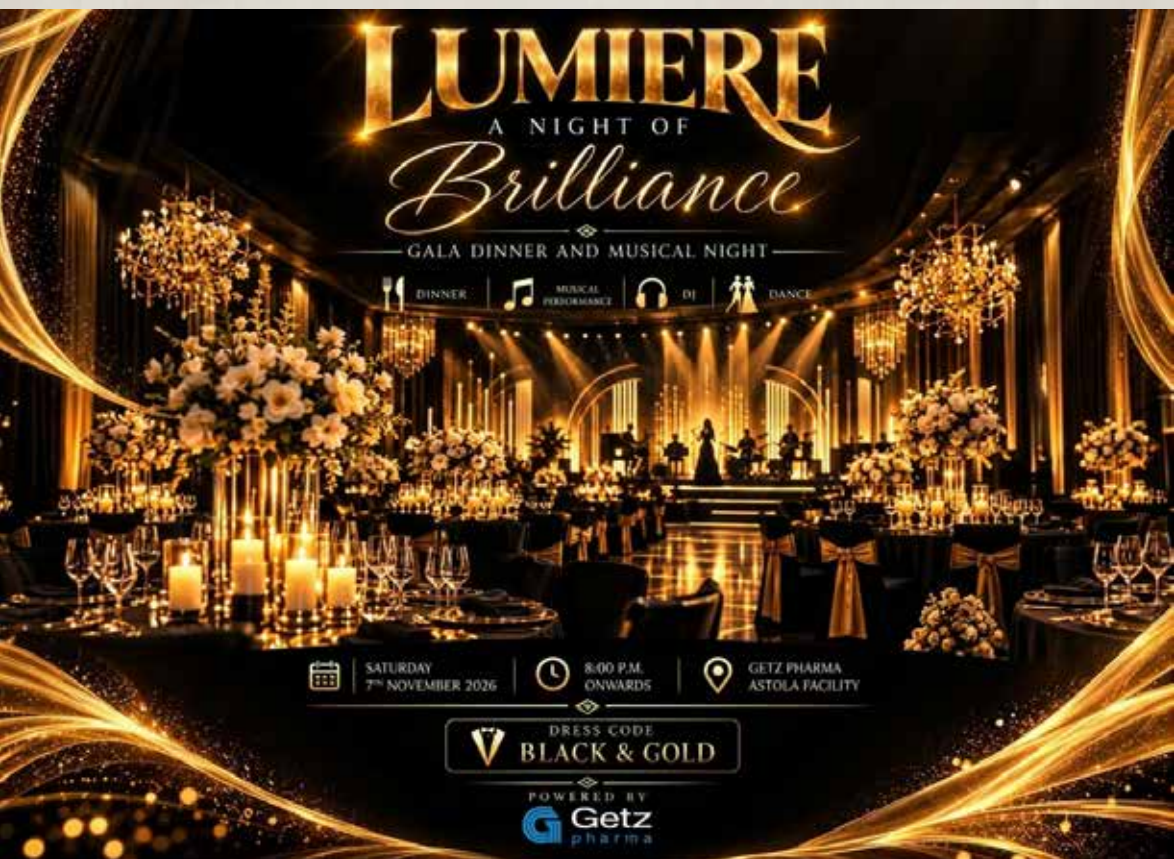
5:10-5:35 • 25 MIN

Expert Panel — The Weight-Loss Revolution and Aesthetic Medicine

Drs. Neelum Ayub, Mumtaz Meher, Humayun Mohmand & Asif Ali

5:35 PM | DAY 2 SCIENTIFIC PROGRAMME CONCLUDES

8:00 PM ONWARDS | LUMIÈRE — A Night of Brilliance • Getz Pharma, Astola Facility • Black & Gold



DAY 3 | SUNDAY, 8 NOVEMBER

REGENERATIVE AESTHETICS • THREADS • ULTRASOUND • COMPLICATIONS

SESSION 1 | 9:00-11:00 AM | 120 MIN

REGENERATIVE AESTHETICS: EXOSOMES & POLYNUCLEOTIDES

9:00-9:30 • 30 MIN

Exosomes — 10 min lecture + 20 min live injection

Dr. Maisa Ribeiro

9:30-10:00 • 30 MIN

Exosomes (Purasomes) — 10 min lecture + 20 min live injection

Eliza Băloi

10:00-10:25 • 25 MIN

Sunekos — 10 min lecture + 15 min live injection

Dr. Marko Mance

10:25-10:55 • 30 MIN

Polynucleotides — 10 min lecture + 20 min live injection

Dr. Mahmoud Elkhoully

10:55-11:00 • 5 MIN

Expert Panel

Session Faculty

11:00-11:15 AM | TEA & COFFEE



SESSION 2 | 11:15 AM-1:00 PM | 105 MIN

ADVANCED THREAD LIFTING & FACIAL REJUVENATION

11:15-11:35 • 20 MIN

Thread-Lift vs Liquid Facelift — A Patient Selection Algorithm for Predictable and Harmonious Outcomes in Asian Faces

Dr. Asher Masood

11:35-11:55 • 20 MIN

Advanced Thread Face-Lifting — Anatomy, lifting vectors, techniques and patient selection

Dr. Tornike

11:55-1:00 • 65 MIN

LIVE Thread Face-Lifting Masterclass

Dr. Tornike

1:00-2:00 PM | NAMAZ & LUNCH

SESSION 3 | 2:00-3:00 PM | 60 MIN

THE ART OF LIP FILLER MASTERY

DR. HAIDY GHANEM

2:00-2:20 • 20 MIN

Scientific lecture — Lip anatomy, aesthetic harmony and injection planning

2:20-3:00 • 40 MIN

LIVE Lip Filler Injection Demonstration

SESSION 4 | 3:00-4:15 PM | 75 MIN

HOW TO GIVE YOUR PATIENTS THEIR FACE BACK!

3:00-3:10 • 10 MIN

The Changing Face of Aesthetic Fillers — Perception Drift & Overfilling

3:10-3:20 • 10 MIN



Ultrasound: Seeing Beyond the Surface — Filler Depth, Distribution & Back-Flow

3:20-3:40 • 20 MIN

LIVE Ultrasound: Two Faces, Two Stories — Normal vs Overfilled Face

3:40-3:50 • 10 MIN

Video Case: Ultrasound-Guided Filler Dissolving

3:50-4:05 • 15 MIN

The Undo Journey — Clinical Case Discussions

4:05-4:15 • 10 MIN

Key Takeaways & Audience Q&A

4:15-4:30 PM | TEA & COFFEE

SESSION 5 | 4:30-5:10 PM | 40 MIN

PLLA BIOSTIMULATION — LIVE INJECTION MASTERCLASS

DR. TORNIKE

Poly-L-Lactic Acid — The Science & Art of Collagen Biostimulation. Scientific lecture and live injection demonstration.

SESSION 6 | 5:10-6:30 PM | 80 MIN

FROM RISK TO RESOLUTION — COMPLICATIONS & MANAGEMENT

5:10-5:25 • 15 MIN

Complication Avoidance & Management

Dr. Raj Acquilla

5:25-5:40 • 15 MIN

When the Antidote Becomes the Threat — Hidden Complications of Hyaluronidase

Dr. Mahmoud Elkhoully



5:40-5:55 • 15 MIN

Beyond Complications and Strategic Management — From Risk to Resolution

Dr. Haidy Ghanem

5:55-6:05 • 10 MIN

Thread-Lifting Complications & Management

Dr. Tornike

6:05-6:15 • 10 MIN

PLLA Complications & Management

Dr. Tornike

6:15-6:30 • 15 MIN

Expert Panel & Audience Q&A

Session Faculty

6:30 PM | SCIENTIFIC PROGRAMME CONCLUDES

Event Management

